



OUR MANIFESTO

A healthy body, mind and spirit is fundamental to the well-being of every individual. Optimal health embraces and breathes life into every sense of our existence. Its very essence grows, flows and transforms us physically, emotionally and energetically. At EASTENTIAL, we believe that holistic healthcare is vital in nurturing from within. Through the practice of Eastern therapies and philosophy, EASTENTIAL is dedicated to providing optimal wellness, to help you live a vibrant life.

The fundamental principle of Chinese medicine is to continuously maintain a sense of balance in the body, mind and spirit. Therefore, our aim is to empower, encourage and inspire clients through the education of the Chinese Medicine System and philosophies, whilst re-harmonizing and restoring health naturally via acupuncture and herbal medicine.

RANGE OF TREATMENTS

Dermatology Acne (teens & adults), Eczema (children, teen & adults), Psoriasis, Tinea, Alopecia, Contact Dermatitis, etc

Constitution A holistic & natural approach to reducing fine lines & wrinkles, and underlying constitutional imbalances
Facial Acupuncture (Facial Rejuvenation)

Gynaecology Painful period, Spotting, Endometriosis, PCOS, PMS, Post-partum imbalances, Peri-menopause, Menopause, Fertility challenges, etc

Men's Health Fertility, Mental health, Musculoskeletal, etc

Mental Health Anxiety, Depression & Sleep disorders

Musculoskeletal Back pain, Shoulder and neck tension, Knee pain, etc

Others Hay fever, Sinusitis, Candida, Parasite, Rheumatoid Arthritis, Asthma, Hypo/Hyperthyroid, UTI

ABOUT YOUR PRACTITIONER



Dr Jacqueline Heng (Chinese Medicine) is a gentle, thoughtful and calm practitioner with a holistic approach to the health of the body, mind and spirit of her patients. Her quiet confidence and competent knowledge on all areas of Chinese Medicine stems from years of studies and clinical experiences at the Southern School of Natural Therapies (SSNT), together with observation and dispensing training at Quiescence Chinese Medicine.

From her exposure to a broad spectrum of illnesses, Jacqueline treats a wide range of health issues, from the common cold and musculoskeletal problems, to more complex cases relating to Parasite and Rheumatoid Arthritis. Her interest lies in the areas of Dermatology, Gynaecology and Constitutional Facial Acupuncture.

Jacqueline obtained her Bachelor of Health Science in Chinese Medicine from SSNT (Victoria), and is registered with the Chinese Medicine Registration Board of Victoria (CMRBV) and Australian Acupuncture & Chinese Medicine Association (AACMA). She is also certified in Constitutional Facial Acupuncture, having studied with the renowned Ms Elizabeth Wakefield, a forerunner in facial acupuncture treatment in the United States of America. Armed also with Degrees in Environmental Design and Architecture, Jacqueline began her career with a Landscape Architect firm in Victoria for 10 years, before making the bold switch to pursue her passion in Chinese Medicine and holistic healthcare.



EASTENTIAL™

For Appointments or Enquiries, kindly contact us at:

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**Eastential Chinese Medicine is covered by all major health funds and patients are eligible for private health insurance rebate on consultations.*