



CONSTITUTIONAL FACIAL ACUPUNCTURE

Our skin defines us. Visible signs of internal imbalances are often revealed on our facial skin, caused either by emotional, dietary or lifestyle factors. Constitutional Facial Acupuncture, also known as Facial Rejuvenation Acupuncture helps to combat these signs. It is a full face, body, mind and soul treatment that realigns the emotional and energy channels from the feet, to the crown of the head. It targets the face and also aims to re-balance and rejuvenate the body through acupuncture and facial spa. Facial Rejuvenation Acupuncture is a deeply relaxing and soothing treatment. It is designed to work both on the face and the body, resulting in an energy boosting and calming effect, whilst improving the outlook of your skin.

BENEFITS OF FACIAL REJUVENATION ACUPUNCTURE:

- Helps eliminate fine lines and wrinkles, and soften deeper wrinkles
- Helps to lift sagging and droopy skin
- Improves double chin, sagging neck, contours the jawline and lifts droopy mouth and eyelids
- Diminishes oedema, puffiness, and eye bags
- Improves facial colour and evens out skin tone, leaving a radiant and glowing skin
- Reduces stress evident on the face, and slows down the aging process from within
- Stimulates collagen production and muscle tone
- Improves your skin's firmness and elasticity
- Moisturises the skin by increasing blood circulation to the face
- Leaves you feeling relaxed, reinvigorated and renewed

ABOUT YOUR PRACTITIONER



Dr Jacqueline Heng (Chinese Medicine) is a gentle, thoughtful and calm practitioner with a holistic approach to the health of the body, mind and spirit of her patients. Her quiet confidence and competent knowledge on all areas of Chinese Medicine stems from years of studies and clinical experiences at the Southern School of Natural Therapies (SSNT), together with observation and dispensing training at Quiescence Chinese Medicine.

Jacqueline obtained her Bachelor of Health Science in Chinese Medicine from SSNT (Victoria), and is registered with the Chinese Medicine Registration Board of Victoria (CMRBV) and Australian Acupuncture & Chinese Medicine Association (AACMA). She is also certified in Constitutional Facial Acupuncture, having studied with the renowned Ms Elizabeth Wakefield, a forerunner in facial acupuncture treatment in the United States of America.

** For further information about Facial Rejuvenation Acupuncture and About Your Practitioner, please refer to [facebook.com/eastentialtcm](https://www.facebook.com/eastentialtcm) under Notes.*



EASTENTIAL™

For Appointments or Enquiries, kindly contact us at:

m 0481 099 837 **e** eastentialtcm@gmail.com

f [facebook.com/eastentialtcm](https://www.facebook.com/eastentialtcm) **w** www.four-seasons.com.au

Clinic: Room 4, 305 Johnston St, Abbotsford 3067, Victoria

**Facial Spa products are sourced from Perfect Potion (Australian owned), where all ingredients are natural, certified organic essential oil and plant extracts. Eastential Chinese Medicine is covered by all major health funds and patients are eligible for private health insurance rebate on consultations.*